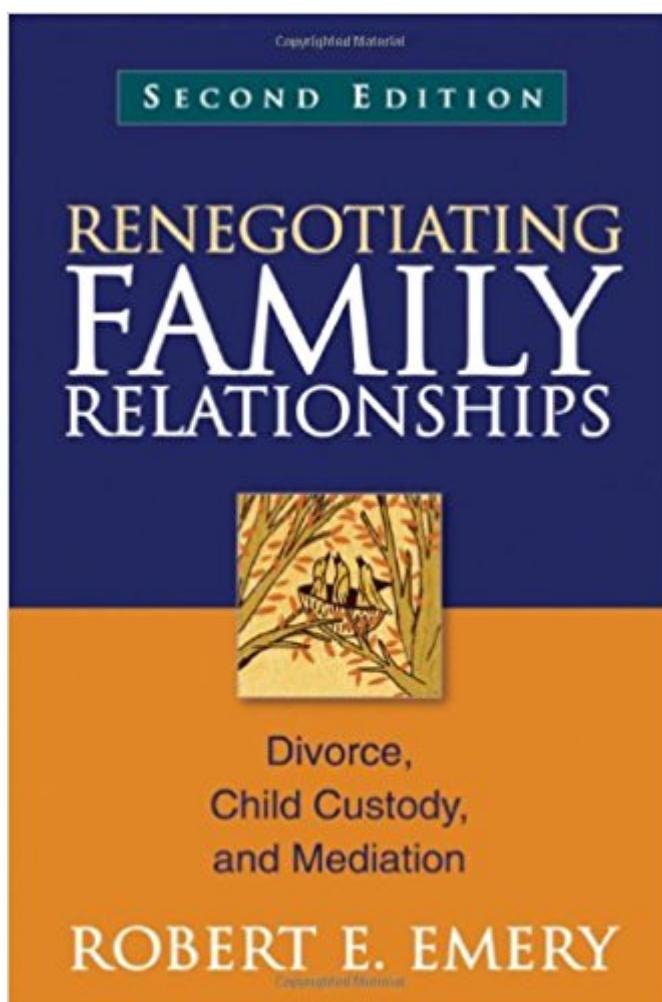


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# Renegotiating Family Relationships, Second Edition: Divorce, Child Custody, And Mediation



## Synopsis

Long recognized as the authoritative guide for clinicians working with divorcing families, this book presents crucial concepts, strategies, and intervention techniques. Robert E. Emery describes how to help parents navigate the emotional and legal hurdles of this painful family transition while protecting their children's well-being. The book is grounded in cutting-edge research on family relationships, parenting, and children's adjustment, including Emery's groundbreaking longitudinal study of the impact of divorce mediation versus litigation. It provides a detailed treatment manual for mediating custody and other disputes, developing collaborative parenting plans, and fostering positive postdivorce family relationships. <sup>®</sup> New to This Edition\*Reflects the latest psychological research, as well as divorce and custody law.\*Chapters on understanding and addressing divorcing partners' anger and grief.\*Treatment manual chapters have been extensively revised.\*Incorporates the author's 12-year follow-up study. <sup>®</sup>

## Book Information

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## Customer Reviews

"This is the most comprehensive, in-depth work to date on the practice of divorce mediation to resolve child custody disputes. Emery presents a uniquely optimistic model for helping families cope effectively with some of the most painful life processes they may ever face. This compassionate, wise, empirically supported, and immensely usable guide is indispensable reading for any mental health clinician who works with families."--Alan S. Gurman, PhD, Senior Preceptor, Clinical Psychology Training Program, University of Wisconsin-Madison, and Consulting Faculty, The Family Institute at Northwestern University"This second edition further solidifies Emery's place

among the most innovative and insightful thinkers about divorce and divorce mediation. The book's conceptual framework and practical steps add up to an inclusive, focused, and child-sensitive approach to conflict resolution. Emery has defined the next step forward in divorce mediation."--Jonathan W. Gould, PhD, ABPP, private practice, Charlotte, North Carolina"Emery has done it again. This book presents the art and science of understanding the psychological pain associated with marital separation and helping families make the transition through and beyond divorce. The second edition documents significant advances in knowledge about the intervention pathways that influence emotional recovery for all family members. With a focus on mediation, the book draws on insights from Emery's own 'gold-standard' longitudinal study and his extensive clinical experience, together with the latest international research on family dispute resolution. Emery's trademark humor and warmth and the assured hand of a master scientist-practitioner are evident throughout."--Jennifer E. McIntosh, PhD, Director, Family Transitions, Melbourne, Australia"This outstanding book contains many clinical insights into the emotions and dynamics of couples going through divorce, in the context of the best and most recent research. Emery provides an excellent overview of child custody issues and dispute resolution procedures. The clear writing style makes the book readily accessible to a wide range of readers. All practitioners who work with divorcing couples--as well as researchers who study divorce--will want to own a copy. Educators will find it a definitive text for graduate seminars and upper-level undergraduate courses on divorce and family law. Emery is one of our best and brightest, and the second edition of this important work represents a major step forward in our understanding of divorce."--Paul R. Amato, PhD, Arnold and Bette Hoffman Professor of Family Sociology and Demography, The Pennsylvania State University"The book is packed with cutting-edge research and powerful insights about the emotional process of ending a marriage. It provides a unique, in-depth guide to emotion-focused mediation that helps parents resolve disputes in the best possible way so their children can thrive. Research described in the book shows this approach has a positive influence on two powerful predictors of children's healthy adjustment: how parents  $\Delta$  contain conflict and how they stay involved in their children's lives in meaningful ways. An essential resource for anyone who cares about helping separating parents and their children navigate the challenges of divorce."--JoAnne Pedro-Carroll, PhD, clinical psychologist, Rochester, New York; founder, Children of Divorce Intervention Program"A highly readable, pragmatic, evidence-based guide. This book is firmly grounded in the author's astounding command of the complex emotional dimensions of leaving a spouse, being left, or being a child whose parents have separated. It is 'must' reading for all divorce professionals and those training to be divorce professionals, including mediators, family therapists,

social workers, lawyers, and judges."--Katharine T. Bartlett, JD, A. Kenneth Pye Professor of Law, Duke University School of Law"Emery is one of a small and elite group of mediation practitioners who are also rigorous psychological researchers. His approach to empowering parents to make decisions for their own families when facing separation or divorce is supported by strong evidence. This book shows how both legal and psychological thinking about families, children, and divorce have shifted over the last 30 years, and the impact that mediation practice has had. Demonstrating how to frame and address difficult issues effectively, Emery offers a useful road map for successfully restructuring disrupted family systems."--Robert D. Benjamin, MSW, JD, private practice, Portland, Oregon "In *Renegotiating Family Relationships*, the author suggests that mediation can be used in many cases of divorce to keep families out of the courtroom....Utilizing case histories and contemporary research, Emery offers strategies on how to define problems, set up caucuses, focus on issues instead of emotions, and review areas of agreement and disagreement." (on the first edition) (Negotiation Journal 2012-09-12) "Provides sage advice without offering panaceas. This book is for law libraries and university libraries, but it would be best in the hands of those involved with divorce and child custody problems." (on the first edition) (Bimonthly Review of Law Books 2012-09-12)

Robert E. Emery, PhD, is Professor of Psychology and Director of the Center for Children, Families, and the Law at the University of Virginia. His research focuses on family relationships and children's mental health, with interests including parental conflict, divorce, mediation, child custody, family violence, genetically informed studies of family life, and associated legal and policy issues. He has authored over 150 scientific publications. His other books on divorce include *Marriage, Divorce, and Children's Adjustment*, Second Edition, and *The Truth about Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive*. He also is coauthor, with Thomas F. Oltmanns, of *Abnormal Psychology*, Seventh Edition. Dr. Emery maintains a private practice as a clinical psychologist and mediator and is the father of five children.

Loved this textbook great information regarding the legal aspect of divorce as well as the emotional process.

As a student of family mediation this publication was exactly what I needed. It gives a clear and understandable account (supported by research) of the parents and child's emotional states and responses when important relationships break up - with tools to help the mediator. For me it is a text

I will refer to time and again whilst planning for a mediation.

This is a must have for anyone who works with children of divorce and high conflict families. Robert Emery is excellent.

This is an imminently readable , very helpful, insightful text. I read it on the recommendation of a parenting coordinator and was only sorry not to have discovered it years earlier.

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